



**Online Courses for High School Students**  
**1-888-972-6237**

## **Course Outline**

### **Psychology**

Unit: Understanding Aggressive Behavior

#### **Road Rage**

- What is road rage?
- What psychological approaches could be used to explain road rage?
- How bad is the road rage problem in the United States?
- What may be some of the causes of road rage?
- How do the theories of emotion explain road rage?
- How do social influences affect responses to aggressive behaviors?
- How do peoples' personal beliefs affect their willingness to help others who are in trouble?
- Do some people just have a more helping nature or personality?

#### **Aggression and Sports**

- What is aggression?
- How do psychologists explain aggression?
- Does the brain have a "violence center?"
- What are the psychological connections between frustration and aggression?
- Why is aggression considered a positive force in so many sports?
- How do you explain a fight breaking out among the spectators in the stands?
- Does weather have an impact on aggression?
- What is the influence of television and other media on aggression?
- Is there any relationship between sexual aggression and media productions?
- Do crowded conditions affect aggression?

- Is there any way to reduce the amount of aggression in society?

## Unit: Understanding Addictive Behavior

### **Substance Addiction**

- How do different substances create their effects?
- What common drugs are depressants and stimulants?
- What are the signs and stages of substance addiction?
- What is the difference between physical dependence and psychological dependence?
- What kinds of processes are available to overcome substance addictions?
- How does a person's mental/physical state or expectations affect his/her reaction to different substances?
- What are some of the trends in substance addiction in high school students?
- What are the social roots of substance addiction?
- Are some people more prone to substance addiction than others?

### **Behavioral Addiction**

- At what point is someone considered "hooked on" or dependent on Internet use?
- What are the patterns of Internet use that lead to Internet addiction, and what can be done to avoid dependency?
- What are some of the things Internet dependent people do while on-line?
- How does psychology explain Internet addiction?
- What psychological needs does the Internet satisfy for those who become addicted to it?
- Based on evidence from earlier research, what psychological problems are associated with heavy Internet use?
- How is Internet addiction similar to other addictive behaviors, such as gambling?
- How does the body deal with the stress of something like Internet addiction compared to other types of stress?
- Can computer games provide a healthy outlet for aggression and relief from stress?

## Unit: How We Remember

### **False Memory**

- What are false memories? Can we "remember" something that never happened?
- What do different types of therapists say about recovered or repressed memories?
- Can repressed or recovered memories cause later problems, like depression?
- How can we research the likelihood of false memories?
- How can researchers tell the difference between real and false memories?
- How should I react to individuals who claim to recover memory?

### **Eyewitness Testimony**

- Do researchers know why we remember some things and forget others?
- How are memories stored in the brain?
- Why can't we remember everything that happened when we were kids?
- How do factors like stress, sleep, mood, and drugs affect memory?
- How can we test our memory to see if it is normal?
- How accurate is eyewitness testimony?
- What factors affect what we remember?
- What are the best ways to study and retain information?
- Does culture have any effect on how we remember?

## **Unit: How We Relate to Each Other**

### **Racism**

- What is the difference between prejudice and discrimination?
- What is racism?
- How are racist attitudes formed?
- Is racial prejudice diminishing in the United States today?
- What are the differences between culture, ethnicity, and national origin?
- Is there really a difference between western and eastern cultures?
- What is "modern racism"?
- What are the chances that racism will change in the near future?

### **Sexism**

- What is sexism?
- What role does language play in differing attitudes toward males and females?

- What is the "glass ceiling"?
- How does U.S. culture perpetuate gender stereotypes?
- What factors have contributed to improving conditions for women?
- What is ageism?
- What sorts of changes take place as people age?
- What is the double standard of aging

## Unit: How We Feel About Ourselves

### **Eating Disorders**

- What are the different types of eating disorders?
- What do psychologists think causes eating disorders? Am I at risk?
- What causes people to be hungry and eat (or not eat)?
- Are there differences in the way women and men view body shape that may contribute to more females than males having eating disorders?
- Do similar numbers of people suffer from eating disorders all around the world, or does culture have an influence?
- Are eating disorders treatable?
- What should I do if I'm worried about or suspect an eating disorder in myself or in someone I know?

### **Teen Depression**

- Over 10% of teens suffer from depression severe enough to require treatment.
- Nearly 65% of teens report feeling deep depression and a sense of hopelessness periodically.
- Over 45% of teens report trouble with coping with stress at home or school.
- Nearly 35% of teens have contemplated suicide.
- Nearly 15% of teens have attempted suicide.
- Suicide is the second leading cause of death for the 15 to 19 year-old age group
- --three times the rate of just 20 years ago.

### **Scientific Method**